

**TIOGA COUNTY COMMUNITY SERVICES BOARD  
MENTAL HEALTH SUBCOMMITTEE**

**January 6th, 2023**

**9:00 a.m.**

**Hybrid**

- **Review and approve November 2022 meeting minutes**
  
- **Director's Report**
  
- **Other Business**
  
- **Conferences/Workshops**

*Next regular meeting: Friday, February 3<sup>rd</sup>, 2023*

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

**MH SUBCOMMITTEE MEETING  
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD**

**Pending Approval**

**Subcommittee meeting date: November 4<sup>th</sup>, 2022**

***Via Hybrid***

**Member Attendance:** Tina Lounsbury  
Donna Corbin  
Fran Bialy  
Carolyn Galatzan  
Heather Vroman

**Guest Attendance:** Erica Robinson

**Mental Hygiene Staff Attendance:** Lori Morgan, Director of Community Services  
Sarah Begeal, Deputy Director of Community Services  
Sue Graves (minutes)

**Category:** Minutes for October 2022 approved as written

**Topic:** Director's Report – Lori Morgan

**Discussion:** Updates:

- 2023 County Plan was submitted to the State
- Applied for the OASAS Grant
  - Funds for two new SUV's
  - Therapeutic tools
  - Passed Regional Offices
  - Application is moving up the ladder
- Received a 3 year OASAS license once again
- Staffing
  - No new hires
  - Alex Powers in in Tioga Central Schools two days/week
  - Received four candidates for open positions
    - All accepted other offers
  - Have one interview today
  - Currently have two vacancies
- Waverly Site
  - Working with Steve Olmstead to renew lease to keep current space
- Village Offices in Waverly

- At a standstill currently
- Outside party and county responsible for renovations

**Status:** Informational - Complete

**Topic:** Deputy Director Report – Sarah Begeal

**Discussion:** Updates:

- Additional Staffing Information
  - Kristin Oliver is in the Newark Valley Schools
  - Erinne Gibbs3on is in the Spencer VanEtten Middle School
  - Spencer High School position remains open
- OASAS Regulation Updates
  - Overdose Safety Plan added
  - Clinician Trained and will be using
- Open Access
  - Going well – sharing coverage
- Anxiety group
  - Jess Bennett will be starting
- Jess will be offering Telehealth Services to Spencer through a grant they received
  - Families can use after hours
  - Process is being worked out

**Status:**

Informational – Complete

**Topic:**

Other Business

**Discussion:**

Chair Discussion

- Heather is stepping down as Chair as of 1/1/23
- Chair Term – 1 year
- Fran Bialy agreed to be the new chair for the term

Tapping Therapy

- Carolyn discussed the benefits of Tapping Therapy for clients
- Lori will look into to ensure it is a certified therapy

Articles

- Seasonal Affective Disorder for the holiday season
  - Tina will look for in her files
  - Sue to bring article folder to next meeting

Public Health – Heather Vroman

- COVID discussed briefly

- Home testing is not counted in numbers, only office PCR tests making it difficult to obtain actual real numbers
- Flu & RSV are the new hot topics
  - Kids being hit hardest
  - People going to Walk-ins & ERs because they cannot get into see their regular doctors.
  - They are experiencing staffing issues like everyone else
  - Public Health is using a medical reserve core to assist with vaccinations and such.
  - Working on contract details with the Core
  - Dr. Bezirgianian has offered to assist Public Health in the interim.

**A New Hope Center – Fran Bialy**

- Fran has hired several people
  - One position remains to be filled
- Subcontracting with DSS to do the CAC

**DSS – Tina Lounsbury**

- Four new people started in November in Services
- Housing
  - Still a huge issue in the county
  - Deep Well is advertising rooms for the homeless
  - Still have people living in tents
  - Fran is seeing the issue as well
    - Rooms are being occupied for longer periods of time
  - Housing discussed in detail

**Other**

- Fran will be participating in a PIT Count in January & February
  - Going to places outside of shelters to try and obtain a count of the homeless

**Informational – Complete**

**Status:**

**Adjournment:**

There being no further business, the meeting adjourned at 10:17am. There will not be a meeting in December. The next subcommittee meeting is scheduled for Friday, January 6<sup>th</sup>, 2023 at 9:00am.