

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

**MH SUBCOMMITTEE MEETING  
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD**

**Pending Approval**

**Subcommittee meeting date: December 6<sup>th</sup>, 2024**

***Via Hybrid***

Member: John Bezirganian, MD

Attendance: Fran Bialy  
Sue Medina  
Donna Corbin  
Tina Lounsbury

Guest: Nadia Constant

Attendance:

Mental Hygiene: Sarah Begeal, Deputy Director of Community Services  
Cathy Healy, Clinical Program Director

Staff Attendance: Angel Deyo-Cruz, Corporate Compliance Officer  
Sue Graves (minutes)

Category: Minutes for October – Approved as written

Topic: Director’s Report – Sarah Begeal for Lori Morgan

Discussion: Updates:

- Waverly Site
  - Ribbon Cutting Event held 12/4/24
  - Several news stations present
  - Opening 12/9/24 for Tioga County clients
  - Staff moving 12/5 & 12/5/24
  - Intakes will remain in Owego with Open Access
  - Central scheduling in Owego
  - Clients who wish to will be seen in Waverly
  - All calls will go through the Owego office
  - Looking for additional staff
- OASAS Licensure for Waverly
  - ADS on hold until license received
  - Expected in the next couple of weeks
- Staff
  - Karli Smith hired for Spencer Van Etten Middle School replacing Jeffrey Caris

- Start date: 1/27/25
- Looking for Mobile Crisis Peer and Social Worker
  - Interviews taking place

Status: Informational – Complete

Topic: Clinical Program Director – Cathy Healy

Discussion: Updates:

- All-staff training next week
  - Rainbow Room – LGBTQ+
    - How to engage with transgender issues
- Steady flow of clients requesting to transfer back to the Waverly clinic
- Census
  - ADS census going up steadily
    - More than in previous years
- Looking for more staff
  - LCSW, LMSW, LMHC, CASAC,
  - Interviewing for the MH Peer position

Status: Informational – Complete

Topic: Public Health – Sue Medina

Discussion: Updates:

- Credible Minds
  - Public Health & Mental Health combines website
    - Multiple local resource site
    - Includes articles
    - Mini assessments
    - Will be linked to the county site
    - Waiting to sign contract
    - Sue will share Seneca County's website for all to view
    - Article in the Pennysaver regarding program
    - More information to come
- ASAP Coalition Update:
  - Emerging trends to be shared at December meeting
  - Environmental Scans study to be shared
- Health Department Update:

- Promoting 988 Hotline

Status: Informational - Complete

Topic: Tioga County Suicide Prevention Coalition – Fran Bialy

Discussion: Updates:

- Katie Wait is the new Chair of the coalition
- Three workgroups developed
  - Prevention, Intervention & Postvention
- Protocols are being developed
- Co-chair Brett Bright obtained a grant to fund LOST team resources
  - Potentially have on call people to meet families where they are after a loss
- Public Health is receiving a grant to help the coalition with tech assistance for staff to learn how to manage the coalition

Status: Informational – Complete

Topic: Hea Hea – Nadia Constant

Discussion: Updates:

- Received a \$50,000 grant from Tioga Downs
- Still recruiting an additional LCSW
- Interviewing another Nutritionist next week
- Partnered with Live Well for site education for young clients
  - Dedicated teacher
- Preparing for OMH’s site visit
- Several clients are waiting for the facility to open

Status: Informational - Complete

Topic: Other Discussion

Discussion: Meeting time discussed. All agreed to 9:15am for January’s meeting

Status: Informational – Complete

Adjournment: The meeting was adjourned at 9:39am. The next meeting is scheduled for Friday, January 3<sup>rd</sup>, 2025, at 9:15am.

DRAFT